



DEPARTMENT OF ATHLETICS, ACTIVITIES, & FINE ARTS

St. Vrain Valley Schools Cheer and Dance Guidelines (revised May 21st, 2020)

Thank you for your continued partnership and support during this challenging time for our community and with your teams. Throughout our response to the coronavirus pandemic, St. Vrain has consistently followed the direction of the Governor's Office and our local, county, and state health departments. Toward this end, the purpose of this document is to provide guidelines and structure for how to proceed with cheer and dance. Following the Boulder County Public Health Safer-at-Home guidance, these procedures are effective June 1.

Key Points:

- St. Vrain Valley Schools Cheer and Dance teams can have virtual tryouts starting June 1, 2020.
 - At this time, no in-person tryouts can take place
- All virtual tryouts must follow the below guidelines:
 - Virtual tryouts will be very basic in nature for safety of students and protection of coaches. Some notes:
 - Virtual tryouts will have sport specific skills that come LOW to NO risk. Do not include maneuvers that have a high probability of injury.
 - At least one foot must stay on the ground at all times.
 - Nothing that requires a spotter.
 - Tryouts must be equitable for all participants in access and submission.
 - At this time - there are no cuts allowed
- Student athletes must have physicals prior to participating in a tryout of any sort. Work with your building athletic department to create a system for this.
- Uniforms are not to be ordered at this time.
 - For questions - please work with your building AD
- Future decisions regarding gatherings in July, will be disseminated sometime mid to late June.

Thank you for your patience and work during this pandemic response. We know that these are challenging times, however, we could not be more proud of how our entire system has come together to support one another. **While these are our plans at this time, we continue to monitor this quickly evolving situation in partnership with our state and county health agency partners, and will keep you informed of any additional changes.** If you have questions concerning the above information, please contact your building athletic director.

Sincerely,

Chase McBride
Executive Director of Activities, Athletics, Fine Arts, PE & Health